

HOW TO CHECK MEDICATION



Medication prescribed by your doctor or bought directly over the counter might contain prohibited substances. **As an athlete, it is your responsibility to check the medication before you use it.**

Global Drug Reference Online (DRO)

<https://www.globaldro.com/home/index>

Global DRO provides athletes and support personnel with information about the anti-doping status of specific medications and ingredients based on the current [WADA Prohibited List](#). You can search for specific information on products sold in Australia, Canada, Japan, New Zealand, Switzerland, the United Kingdom and the United States.

National databases

Some National Anti-Doping Organisations (NADOs) have their own database including all the medications in the respective country.

[Click here](#) for a list of countries / NADOs with medication databases.

IMPORTANT

- When checking medication, make sure you **spell it correctly**.
- Make sure that the response you receive is an **exact match** to the term you are checking.
- If the medication you are checking is not recognised, it does **NOT** mean that it is allowed.
- A medication in your home country can have **different ingredients** (that might be prohibited) **in another country**, even though it is the same medication!
- If you have any questions, you can always **contact** your **NADO** or the **BIU** for help.



REMEMBER: You are responsible for everything that goes in their body, so you should check everything before you use it!