

SAFEGUARDING GLOSSARY

Safeguarding

Keeping something/somebody safe from loss, harm or damage.

Safeguarding Policy

Rules that provide a safe environment for all involved in Biathlon.

Integrity

Showing honesty and strong moral and ethical principles.

Ethics

Moral principles that govern your behaviour.

Ethical decision making

Making a decision based on our values and principles (what we believe to be right and good).

Values

Our beliefs about what is right and wrong and what is important in life (e.g., ambition, determination, empathy, honesty, self-control, success, teamwork...).

Fairplay

Respect for the opponent and the sport.

Welfare

The general health, happiness, well-being and safety of a person or a group.

Forbidden Conduct

A mode of personal behaviour that is not allowed.

Bullying

Abuse and mistreatment of someone vulnerable by someone stronger or more powerful.

Hazing

Any action taken or situation created to produce mental or physical discomfort, embarrassment, harassment, or ridicule, such as playing tricks on or setting unpleasant tasks for someone new to a group.

Neglect

Failure to care, leading to harm or danger for athletes. Not meeting basic physical and psychological needs.

Negligence

Failure to exercise reasonable care to protect an athlete against unreasonable risk.

Psychological Abuse

Any treatment which may diminish a person's sense of identity, dignity, and self-worth. Can be prolonged and/or repeated, contact/non-contact behaviours, including verbal assault, humiliation, intimidation, confinement and isolation.

Physical Abuse

Deliberately inflicting physical harm on and off the field of play. It can include hitting, kicking, pushing, biting, among other methods.

Sexual Abuse

Any sexually inappropriate behaviour, whether by coach, athlete or staff. Especially if the consent is obtained wrongly, under coercion or manipulation.

Sexual Harrassment

Any unwanted or unwelcome sexual act. Can be verbal or non-verbal, implicit or explicit.